

# TIMETABLE

- BRINDABELLA
- MAJURA SUPER SESSIONS
- EXPRESS CLASS
- MAJURA
- MAJURA ELITE ACADEMY
- MAJURA STRENGTH

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:30		Majura Strength 6:15 - 6:30		Majura Strength 6:15 - 6:30			
6:30 - 7:00		Majura Transformer 6:30 - 7:15	Majura Boxing 6:30 - 7:15	Majura Transformer 6:30 - 7:15	Majura HIIT \Mobility 6:30 - 7:15		
7:00 - 7:30	Brindabella HIIT 7:00 - 7:45		Brindabella HIIT 7:00 - 7:45		Brindabella Open Class 6:45 - 9:00		
7:30 - 8:00							
8:00 - 8:30							
8:30 - 9:00						Majura Super Session 8:30 - 9:30	
9:00 - 9:30							
9:30 - 10:00						Majura Eighty8 Elite 9:45 - 10:45 (When Available)	
10:00 - 10:30							
10:30 - 11:00							
11:00 - 11:30						Brindabella Open Class 11:00 - 14:00	
11:30 - 12:00		Brindabella Transformer 11:15 - 12:00		Brindabella Transformer 11:15 - 12:00			
12:00 - 12:30				Brindabella Express Hop On And Go 12:00 - 12:30			
12:30 - 13:00	Majura HIIT 12:30 - 1:15	Brindabella Transformer 12:30 - 1:15	Brindabella Express Boxing / HIIT 12:30 - 13:00	Brindabella Yoga 12:45 - 13:30			
13:00 - 13:30							
13:30 - 14:00							
15:30 - 16:00							
16:00 - 16:30			Majura Junior Elite Academy 15:45 - 16:45 (When Available)				
16:30 - 17:00							
17:00 - 17:30		Majura Strength 17:00 - 17:15	Majura Senior Elite Academy 16:45 - 18:00 (When Available)	Majura Strength 17:00 - 17:15			
17:30 - 18:00		Majura Tranformer 17:15 - 18:00		Majura Tranformer 17:15 - 18:00			
18:00 - 18:30	Majura Technique 17:45 - 18:15	Majura Strength 18:00 - 18:15		Majura Strength 18:00 - 18:15			
18:30 - 19:00	Majura HIIT 18:15 - 19:00	Majura Tranformer 18:15 - 19:00	Majura HIIT 18:15 - 19:00	Majura Transformer 18:15 - 19:00			

**LOCATION**  
MAJURA PARK  
TRAINING FACILITY

**FOR MORE INFO**  
EIGHTY8FITNESS.COM.AU  
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